

ABSTRACT OF THE INVENTION

A platter for use in a forced air / microwave combination oven, the platter comprising an upper surface and a lower surface and incorporating a plurality of apertures passing through the thickness of the platter; wherein one or both of the surfaces of the platter incorporate a recess substantially surrounding at least one of the apertures. The invention also provides a platter incorporating an indentation shaped to receive an item of cookware, the indentation being positioned to align the cookware with microwave radiation in the oven in use. Additionally, the invention provides a platter incorporating apertures distributed over substantially the entire surface area of the platter, and also a platter comprising a central region substantially devoid of apertures, and one or more apertures at substantially the edge of the platter. Preferably the platter is made of a polymer material, particularly preferably a liquid crystal polymer resin such as DuPont (RTM) Zenite (RTM) 7130. Also provided is a method of cooking using such a platter.